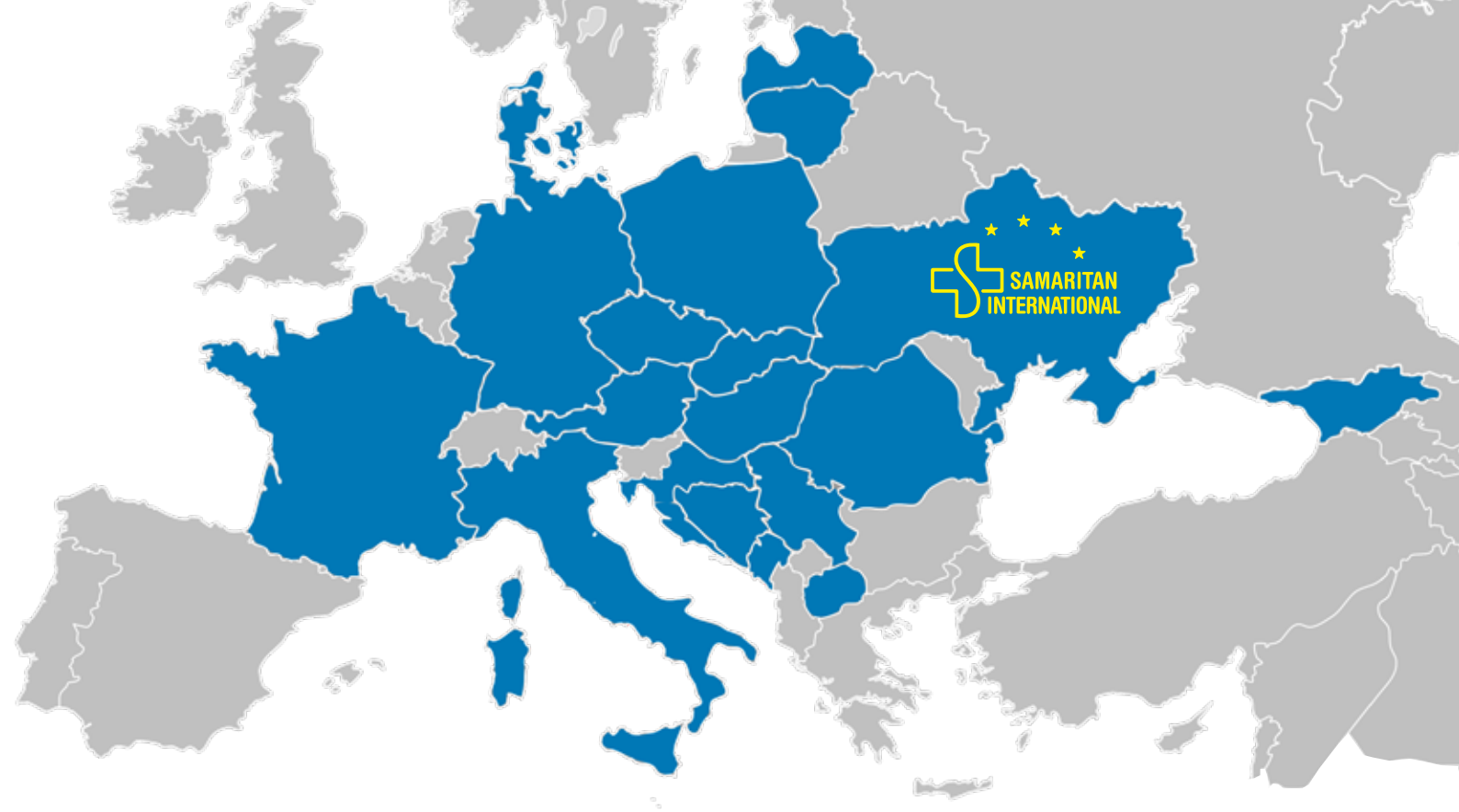




PROGRAM



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Should you have any further questions or need for support, please keep in mind the following numbers and addresses:

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Dear Samaritans, Dear Friends,
Dear young volunteers of the SAM.I. organisations,

it has been a long time since we last had a Samaritan Contest, or, for that matter, any event where we could invite so many people from all the different member organisations. This is why it is a particular pleasure to welcome you to this year's iteration of the Samaritan Contest in South Tyrol/Italy! This is the first large-scale SAM.I. gathering after the long Covid-related break for large-scale events. We are happy that, for this first event, we get to celebrate the voluntary commitment of young people again - young people who choose to spend their spare time training first aid and thereby enable themselves to help others in need.

The organisational team and volunteers of White Cross have been working tirelessly to provide an engaging competition and an entertaining side-program for all of you. We hope you will all have a great time and will return home with fond memories and new friends from all over Europe!



Knut Fleckenstein
President of Samaritan International



Ivo Bonamico
Secretary General of Samaritan International / Director of White Cross

TIMETABLE

THURSDAY, 28 JULY 2022 - BRUNECK

| Time | Program |
|-------------|---------------------------------------------------------------------------------|
| 14.00-17.00 | Arrival of participants in Bruneck Registration of participants Check-in |
| 17.00-17.45 | Briefing for the team custodians - information on Contest and framework program |
| 18.00 | Meeting at Ursulines' Home Bruneck J oint hike to Bruneck Castle |
| 19.00 | Opening event |
| 19.45 | Dinner |
| 21.30 | Joint hike back to the Ursulines' Home |

FRIDAY, 29 JULY 2022 - BRUNECK

| Time | Program |
|-------------|---------------------------------------------------------------|
| 7.30-8.00 | Breakfast - Teams A |
| 8.15-9.00 | Breakfast - Teams B |
| 8.00-8.30 | Handout Gadgets + Lunchpacks - Teams A |
| 9.00-9.30 | Handout Gadgets + Lunchpacks - Teams B |
| 8.30-9.00 | CONTEST: Departure to the stations - Group A |
| 9.00-12.15 | CONTEST: Tasks at stations - Group A |
| 9.45-10.00 | CONTEST: Entrance + Instruction written test - Group B |
| 10.00-11.10 | CONTEST: Written test - Group B |
| 12.30-12.55 | CONTEST: Departure to the stations - Group B |
| 12.55-17.55 | CONTEST: Tasks at the stations - Group B |
| 14.00-14.15 | CONTEST: Entrance + Instruction written test - Group A |
| 14.15-14.55 | CONTEST: Written test - Group A |
| 19.30 | Dinner |
| 20.45 | CONTEST: Creative Part |

SATURDAY, 30 JULY 2022 - BRUNECK / REISCHACH

| Time | Program |
|------------|-------------------------------------------------------------------|
| 7.30-8.30 | Breakfast |
| 8.40-9.00 | Departure to Reischach - Kronplatz ⚠ Don't forget your jacket! |
| Vormittag | Visit Museum LUMEN and MMM Corones |
| Nachmittag | Spare time |
| 19.00 | Dinner |
| 20.30 | CONTEST 2022 : Winner's ceremony and Closing celebration |

SUNDAY, 31 JULY 2022 - BRUNECK

| Time | Program |
|------------|------------------------------------|
| 7.30-8.30 | Breakfast |
| 8.30-10.00 | Check-out from the Ursulines' Home |



TRAVEL INFORMATION

The city of Bruneck

Bruneck is the centre of the Puster Valley. The town on the Rienz lies at 838m above sea level and has a population of about 11.000. The charming old town with its colourful buildings and picturesque alleys is the beating heart of the cozy little town. Several churches and museums are spread across the town, including the museums of the mountain people Ripa in Bruneck castle, one of the six museums of legendary mountaineer Reinhold Messner.

Accommodation

The Ursulines' Home Bruneck ("Ursulinenheim") is located in Bruneck's school district. All rooms have a small bathroom with a shower (please bring towels yourself!). The city centre is nearby and thus reachable on foot.

Ursulinenheim Bruneck
Josef-Ferrari-Street, 21 | IT-39031 Bruneck
Tel.: 0474 - 544500 | E-Mail.: info@ursulinen.it
www.ursulinen.it

How to get there

When planning your journey, please take into account that the check-in and registration, including the welcome package with program info, is open from 12:00 until 17:00 on 28 July 2022. At 17:00 there will be a briefing for the team custodians on the competition and framework program.

Everyone will meet again at 18:00 at the Ursulines' to jointly hike to the location of the opening event (about 30 min. hike).

Arriving by car: It is possible to briefly park your car direct-ly at the Ursulines' to unload your bags. Afterwards, there are lots of parking spaces available in the sur-rounding streets.

Arriving by rail: From Bruneck station it is about 8 minutes on foot to the Ursulines' Home. There are different train lines available, depending on the direction you are coming from and the exact time. But from either Innsbruck or Verona (cities with the closest airports) there are good connections to Bruneck with just one change in Fortezza/Franzensfeste.



INFO RELEVANT ON-SITE

Meals

Breakfast will be served at the Ursulines'. During the SAM.I. Contest, registered participants and custodians will receive a lunch pack. All other meals will be offered at the respective event locations.

Clothing

July is, on average, the hottest month of the year. Maximum daily temperatures of about 30°C are usual in Bruneck. Since the event is near the main chain of the alps, changes in weather should be taken into account. A combination of sun, rain or strong summer thunderstorms is possible at any time.

Thus we recommend to bring clothing for warm temperatures, but also something for cooler days. Please also bring sturdy shoes (trainers or trekking shoes) and swimwear.

During the event, every team has to wear the uniform or t-shirt of their own organisation. We recommend sturdy shoes during the Contest and a head covering to protect from sunstroke.

Health and safety

Please bring your European Health Insurance Card (EHIC). In some EU member states, you will find it on the back of your regular health insurance card. Any participants without an EHIC are requested to sign up for a travel health insurance policy that covers the complete duration of the Contest. Please remember to bring any medication you may require with you!



Competition

The White Cross Youth will do its best that all participants will experience an exciting Contest and return home with many memories and new friendships. Just as in previous iterations of the Contest, the competition has the following parts:

- a written/theoretical test
- a practical part and
- a creative part with the motto "Rock the Mountain / Mountain Heroes" (max. 5 Min)

Beginning of the competition on 29 July 2022: The exact times and locations can be found in the timetable and will also be available on-site. More instructions for the test and the practical part will be announced at the welcome event on 28 July.

First Aid Kits

First Aid Kits will be handed out on-site. Any other necessary materials will be made available at the practical stations.

Media

During the event, photos and videos will be taken by SAM.I. and its member organisations, as well as third-parties hired by the aforementioned to do so. Participation in the Contest requires your consent that these picture- and video recordings may be published by SAM.I. and its member organisations. This includes the usage through third parties (e.g. the publication on social media platforms or press articles using the material). If written consent from the participants or their parents is required, it is up to the youth coordinators of the respective organisations to ensure that this has been taken care of before the Contest.

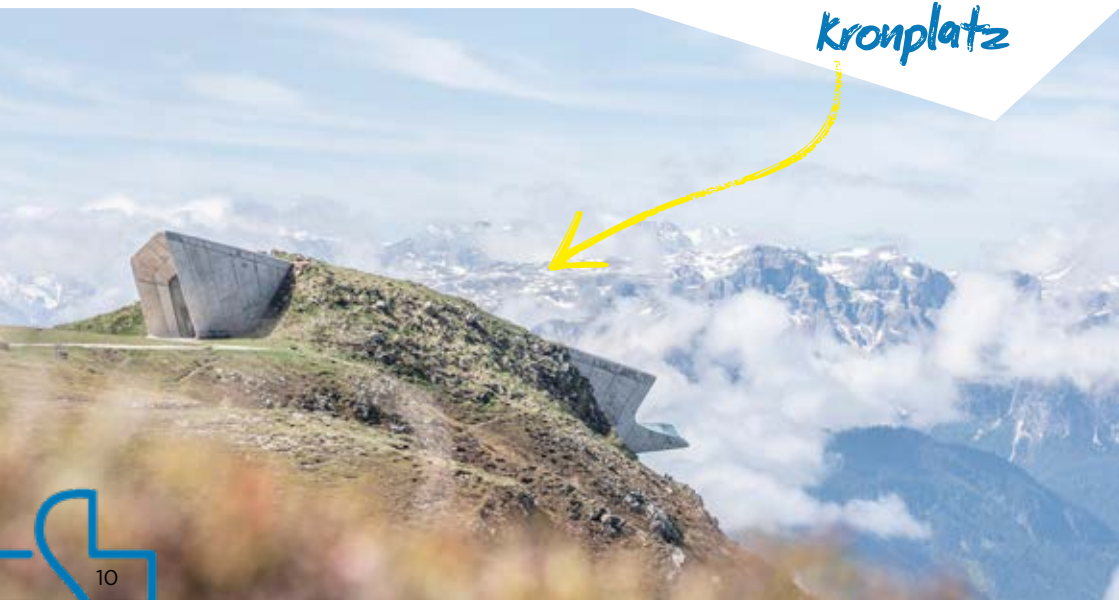
Spare time and tourism

On Saturday after the main competition, we will go for high elevation. We will take the cable lift to the Bruneck's neighbouring mountaintop, Kronplatz - a popular skiing and hiking area towering over the town and providing a spectacular vista of the mountains of South Tyrol. Kronplatz is the natural boundary between Puster Valley and Gader Valley, the main chain of the alps and the Dolomites. On top of Kronplatz, there's the peace bell „Concordia 2000“ mounted on an observation deck, which shows a relief of all surrounding peaks.

Furthermore, the morning's program includes visits to the MMM Coronas and the Lumen, to give the youths insights into traditional alpinism as well as the history of mountain photography.

The afternoon is reserved for spare time that can be used to:

- relax and remain on top of Kronplatz.
- Feel the adrenaline on the giant swing at 2275m elevation on Kronplatz
- Go back with the cable lift to Reischach and spend the afternoon in the sun at the swimming pool Cron4. Tickets will be provided to anyone registering for this option on-site.
- Take a nice stroll through Bruneck city to take in the sights, have some ice cream etc.



CHECKLIST FOR PARTICIPANTS

- Relevant personal documents, national ID card/passport
- European Health Insurance Card / Travel Health Insurance
- Important personal documents
- Towels for the youth accommodation
- Uniform/T-shirts
- Sturdy shoes
- clothing for hot and for cooler days
- sun protection (Hat and sunscreen)
- swimwear for the pool
- Some pocket money
- Take as few other valuables with you as possible
- Flag of your organisation
- Prepare the creative task
- Bring good mood and fun

We thank our sponsors for their much appreciated support:



Hoteliere- und Gastwirteverband

